

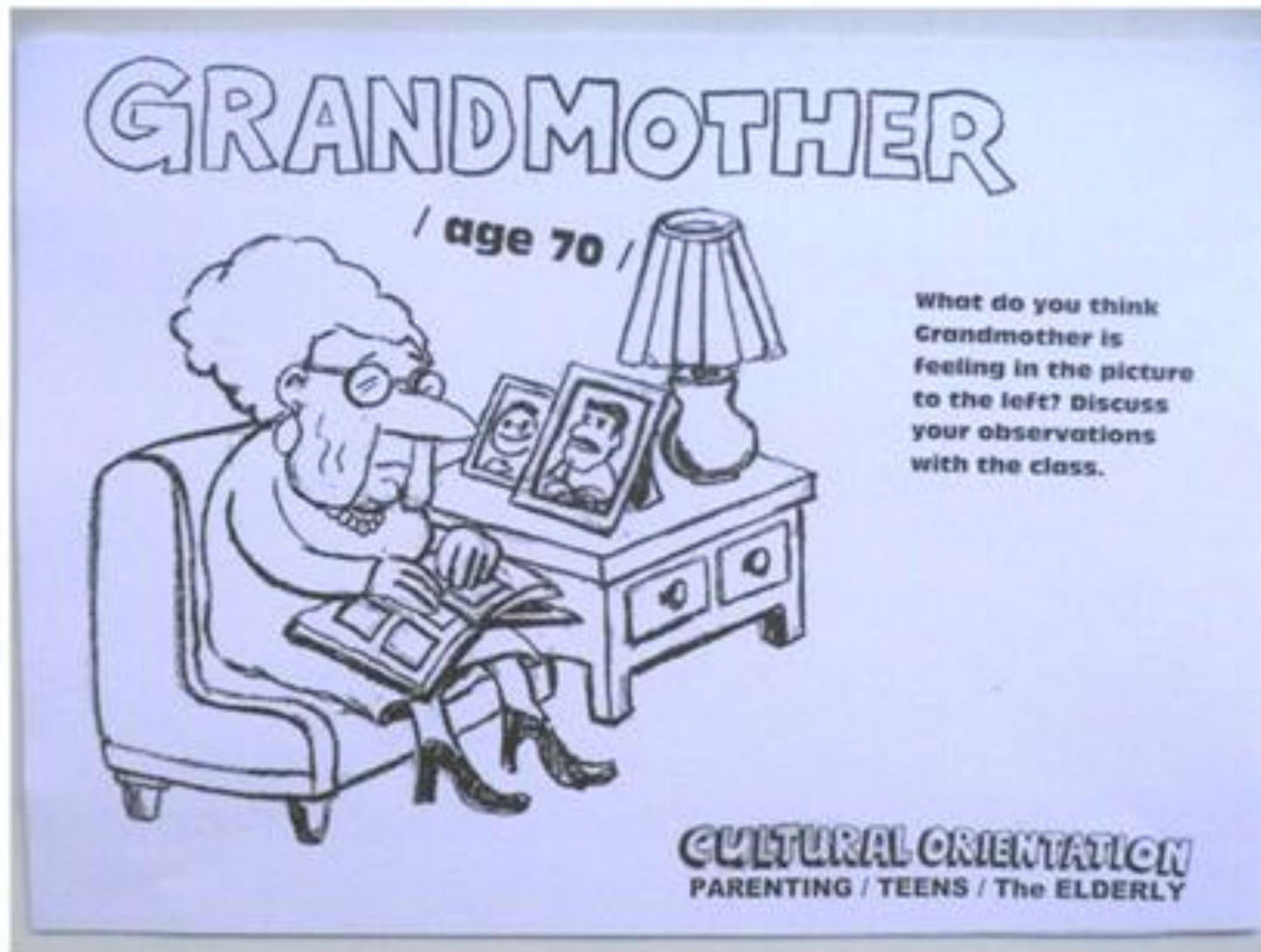
Topic: Cultural Adjustment
(Hebrew Immigrant Aid Society [HIAS] Vienna)

Activity: Grandmother Aghajani

Objective	<p>Participants will be able to better understand potential role changes within the family upon resettlement in the United States.</p> <p>Participants will be able to identify ways to assist the elderly with their challenging transitions.</p>
Time	25 minutes
Materials	<ul style="list-style-type: none">• Grandmother Aghajani Cartoon Handout (included)
Practice	<ol style="list-style-type: none">1. The trainer divides the class into small groups. She or he then gives each group a Grandmother Aghajani Cartoon Handout (which features a cartoon of an old woman seated and looking at a photo album; on the table next to her are framed photographs of a younger man and a child). The trainer asks each group to work together to make up a story about this woman.2. After 5 minutes or so, the trainer reconvenes the class and asks someone from each group to tell the rest of the class the story they have made up about Grandmother Aghajani. In the guided discussion that follows, the trainer and participants will touch on several points about the challenges facing elderly refugees in the United States, and highlight issues such as isolation, depression, and the importance of learning English.

This document was developed with funding from the Bureau of Population, Refugees, and Migration, United States Department of State, but does not necessarily represent the policy of that agency and the reader should not assume endorsement by the federal government.

Grandmother Aghajani Cartoon Handout



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For more information about resources available from the Cultural Orientation Resource Center, visit www.culturalorientation.net.